

Navajo Breast & Cervical Cancer Prevention Program

Quarterly Update for Partners/Providers

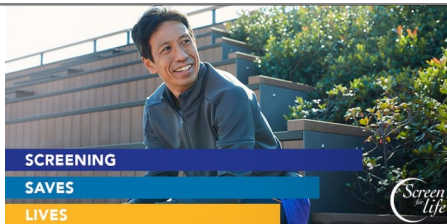


GANADO PARTNERSHIP

The Cancer Prevention Program and Sage Memorial Hospital have begun a new partnership in 2023 that will bring mobile mammography to Ganado, Arizona. This is the first time both entities have collaborated for mobile services.

The partnership's first event was in February and the turnout for the first-time collaboration was good. Next steps will be to engage the community to increase awareness that this service is back in the Ganado area. It has been six years the last program sponsored mobile event which was held at the Ganado Chapter House.

April 24th is the next scheduled event at Sage Memorial. To obtain information about appointments at this location call 928-755-4864 or the BCCP Program.

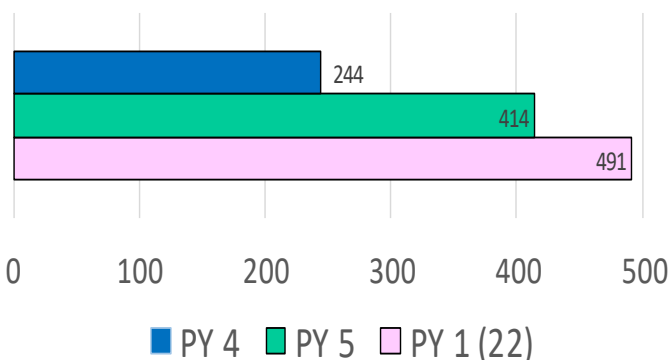


MOBILE MAMMOGRAPHY UPDATE

Current Program Year (PY 01) through February 28, 2023:

- Average Program clients served per event is 13.3 (+13% over last year)
- Total clients served is 24.5 (+17% over last year) per event.
- Total clients served increased by 170 women through February '23.
- Due to less mobile mammography funding being available for PY 01, the total number served will not exceed PY 05. However, if the increased averages hold, it will demonstrate more clients are either recruited or returning for breast cancer screening.

Cumulative BCCP Mobile Mammography Clients Served



DENSE BREAST TISSUE

Breast Density is important as it relates to screening for breast cancer. After getting a mammogram, reports will list 1 of 4 categories that indicate the density of someone's breast ranging from mostly fatty tissue to very little fat. When there is little fat tissue, most of the breast is composed of denser tissue like milk glands, ducts, and supportive tissues. When the breast is considered denser, there is more difficulty for mammograms to show possible abnormalities.

Category A: Breast is made up of almost entirely fatty tissue (10% of women screened).

Category B: Breast has some glandular and fibrous tissue but the majority is fatty tissue (40% of women screened).

Category C: Heterogeneously dense breast tissue with many areas of glandular tissue and fibrous supportive tissue (About 40% of women screened).

Category D: Extremely Dense Breast Tissue (About 10% of women screened).

If the mammogram report states one has dense breasts, it would fall under Category C or D. Dense tissue appears as solid white areas on mammogram images, making it more difficult to assess the entire breast and impacting detection of any abnormal masses, thus increasing one's risk of breast cancer. There are two complicating issues related to breast density as well. First is the lack of clarity around insurance coverage for additional testing for someone with dense breasts. Additionally, there is no national standard for reporting or testing breast density but each state has its own notification guidelines. Therefore, if a woman is concerned about their breast density, they should speak with their medical provider as other screening tests may be recommended, such as Ultrasounds or MRIs. Women should also speak with their insurance providers regarding coverage for additional mammography-related screenings. For more information, please go to cdc.gov/cancer.

PROGRAM STAFF CHANGES

Our Administrative Assistant Evelyn Watchman has retired after providing over 20 years of service to BCCP and countless others within the Navajo Government. Ms. Watchman also participated in many external educational opportunities (outreaches and mobile screening events), the highlight being her 2016 BCCP presentation during the CDC AI/AN Cancer Summit in Traverse City, Michigan. We wish her well! Happy Trails, Evelyn!

Shinaya Todacheenie has been selected to fill Evelyn's role. Ms. Todacheenie comes to BCCP from the Navajo Special Diabetes Project and has both extensive community engagement experience and familiarity with the program. BCCP also made a selection for the Health Education Technician vacancy in Chinle, AZ, and is currently waiting for the applicant to complete the onboarding process with an anticipated start date in March 2023.